

FIRST COLLECTION DATE: 01 OCTOBER 2010

AMOUNT: £205.62

SCHEME CONTACT: MARK PALFREY

E-MAIL: MARK@STUDIO1-FITNESS.COM

Pension Practitioner .com



### Instruction to your Bank or Building Society to pay by Direct Debit

Please fill in the whole form including official use box using a ball point pen and send it to:

Pension Practitioner .Com Limited  
Daws House  
33-35 Daws Lane  
London  
NW7 4SD

Name(s) of Account Holder(s)

PL@N:IT NUTRITION  
LIMITED DIRECTORS PENSION SCHEME

Bank/Building Society account number

0	1	7	0	2	5	7	2
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Branch Sort Code

4	0	2	1	0	5
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Name and full postal address of your Bank or Building Society

To: The Manager Bank/Building Society  
HSBC BANK PLC  
Address  
33 THE BOROUGH  
FARNHAM  
SURREY Postcode  
GU14 7NJ

Reference Number

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Service User Number (SUN)

2	5	0	0	9	9
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FOR OFFICIAL USE ONLY

This is not part of the instruction to your Bank or Building Society.

**Important** – Please complete these details:

Account Holder(s) Name & Address:

Name:

Address:

Postcode:

Email Address:

Instruction to your Bank or Building Society

Please pay PSL re Pension Practitioner.com Direct Debits from the account detailed in this Instruction subject to the safeguards assured by the Direct Debit Guarantee. I understand that this Instruction may remain with PSL re Pension Practitioner.com and, if so, details will be passed electronically to my Bank/Building Society.

Signature(s)

Date

*Mark Palfrey*  
MARK PALFREY  
MAY 10

Banks and Building Societies may not accept Direct Debit Instructions from some types of account

This guarantee should be detached and retained by the Payer.

DDI1

### The Direct Debit Guarantee



- This Guarantee is offered by all Banks and Building Societies that take part in the Direct Debit Scheme. The efficiency and security of the Scheme is monitored and protected by your own Bank or Building Society.
- If the amounts to be paid or the payment dates change PSL re Pension Practitioner.com will notify you 5 working days in advance of your account being debited or as otherwise agreed.
- If an error is made by PSL re Pension Practitioner.com or your Bank or Building Society, you are guaranteed a full and immediate refund from your branch of the amount paid.
- You can cancel a Direct Debit at any time by writing to your Bank or Building Society. Please also send a copy of your letter to us.