



Companies House
— for the record —

AR01 (ef)

Annual Return



Received for filing in Electronic Format on the: **26/07/2010**

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Company Name: **PL@N:IT NUTRITION LIMITED**

Company Number: **06902332**

Date of this return: **11/05/2010**

SIC codes: **9999**

Company Type: **Private company limited by shares**

Situation of Registered Office: **UNIT 7 HURLANDS BUSINESS CENTRE
FARNHAM
SURREY
UNITED KINGDOM
GU9 9JE**

Officers of the company

Company Director 1

Type: **Person**

Full forename(s): **MARK LINDSAY**

Surname: **PALFERY**

Former names:

Service Address: **6 MORETON CLOSE
CHURCH CROOKHAM
FLEET
HAMPSHIRE
GU52 8NS**

Country/State Usually Resident: **UNITED KINGDOM**

Date of Birth: **29/06/1967**

Nationality: **BRITISH**

Occupation: **DIRECTOR**

Statement of Capital (Share Capital)

Class of shares	ORDINARY	<i>Number allotted</i>	1
		<i>Aggregate nominal value</i>	1
<i>Currency</i>	GBP	<i>Amount paid per share</i>	1
		<i>Amount unpaid per share</i>	0
<i>Prescribed particulars</i>			
FULL RIGHTS WITH REGARDS TO VOTING, PARTICIPATION AND DIVIDENDS.			

Statement of Capital (Totals)

<i>Currency</i>	GBP	<i>Total number of shares</i>	1
		<i>Total aggregate nominal value</i>	1

Full Details of Shareholders

The details below relate to individuals / corporate bodies that were shareholders as at 11/05/2010 or that had ceased to be shareholders since the made up date of the previous Annual Return

A full list of shareholders for a private or non-traded public company are shown below

Shareholding 1 : 0 ORDINARY shares held as at 2010-05-11
1 shares transferred on 2009-05-11
Name: C & M REGISTRARS LIMITED

Shareholding 2 : 1 ORDINARY shares held as at 2010-05-11
Name: MARK PALFERY

Authorisation

Authenticated

This form was authorised by one of the following:

Director, Secretary, Person Authorised, Charity Commission Receiver and Manager, CIC Manager, Judicial Factor.